

DIRECTIONS: Take 2 tablets daily after breakfast (1st meal of the day). Take a few hours before or after other medications. Stay well hydrated. Do not exceed 2 tablets within 24 hours. Avoid taking at bedtime.

WARNINGS: For adult (males) use only. Use for at least 1 month to see beneficial effects. Consult a healthcare practitioner for use beyond 12 weeks. Consult a health care practitioner prior to use if you have diabetes, gallstones or a bile duct obstruction, stomach ulcers or excess stomach acid, kidney/liver disorders, or any type of acute infection, or history of non-melanoma skin cancer/iron deficiency/cystinuria. Stop use and consult a health care practitioner if you develop symptoms of liver trouble such as yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite. Consult a health care practitioner prior to use if you are taking clopidogrel, antidepressant medications, nitroglycerin, antibiotics, or medications for diabetes, high blood pressure, or seizures. Consult a healthcare practitioner if symptoms worsen. Store in a cool, dry place away from direct sunlight and protect from heat, light and moisture. Do not use if inner seal is broken. **CONTRA-INDICATIONS:** Do not use this product in cases of yin deficiency with heat signs, heat excess, or in the absence of significant or deficiency. Do not use this product if you are taking health products that affect blood coagulation as this may increase the risk of spontaneous bleeding. **KNOWN ADVERSE REACTIONS:** People sensitive to Vitamin B3 (Niacin/Nicotinic Acid) may experience flushing of the skin that is generally mild and transient. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported (in Canada and internationally). Stop use if you experience insomnia, anxiety or headaches. Some people may experience mild gastrointestinal bloating, constipation or indigestion.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Contains Shellfish (Crab & Shrimp) and Wheat. Produced in a facility that also handles Milk, Soy, Wheat, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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ALLMAX®

SCIENCE • INNOVATION • QUALITY • RESULTS

PREMIUM MULTI VITAMIN
VITAFORM
FOR MEN

- 100% RDI Essential Vitamins
- 6 Functional Complexes*
- Powerful Antioxidant*



DIETARY SUPPLEMENT
60 TABLETS • 30 DAY SUPPLY

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving % DV

1: VITAPLEX - Essential Vitamin Complex		
Vitamin A (as Palmitate) (5000 IU)	1500 mcg RAE	167% [†]
Vitamin C (as Calcium Ascorbate and Ascorbic Acid)	180 mg	200% [†]
Vitamin E (as d-Alpha Tocopheryl Acetate)	15 mg	100% [†]
Vitamin B1 (as Thiamine HCl)	1.5 mg	125% [†]
Vitamin B2 (as Riboflavin)	1.7 mg	130% [†]
Vitamin B3 (as Nicinamide & Niacin)	20 mg	125% [†]
Vitamin B5 (as d-Calcium Pantothenate)	10 mg	200% [†]
Vitamin B6 (as Pyridoxine HCl)	2 mg	120% [†]
Folate (as 400 mcg Folic Acid)	668 mcg DFE	167% [†]
Vitamin B12 (as Methylcobalamin)	12 mcg	500% [†]
Biotin	500 mcg	1667% [†]
Inositol	25 mg	†
Choline (as Choline Bitartrate)	24 mg	†
2: POWER - Anti-Oxidant Blend		
Green Tea (Camellia sinensis, tea) extract (95% Polyphenols, 45% EGCG)	50 mg	†
Grape Seed (Vitis vinifera, seed) extract (95% Proanthocyanidins)	25 mg	†
Curcuminoids (Curcumin longa, rhizome)	25 mg	†
Alpha Lipoic Acid	20 mg	†

* Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Vegetable Magnesium Stearate, Silicon Dioxide, Clear Film Coating: Hypromellose, Glycerin.

3: COGNIFORCE - Mental Focus & Support		
Asian Ginseng (Panax ginseng, root) extract (25:1, DCE 1,125 mg)	45 mg	†
L-Theanine	30 mg	†
Ginkgo Biloba (Ginkgo biloba, leaf) extract (24% Flavonoid Glycosides, 6% Terpene Lactones)	25 mg	†

4: VIRIMAX™ - Male Support Complex		
Zinc (as Zinc Amino Acid Chelate & Zinc Citrate)	30 mg	273% [†]
Selenium (as Sodium Selenate)	130 mcg	238% [†]
American Ginseng (Panax quinquefolius, root) extract (2:1, DCE 200 mg)	100 mg	†
Saw Palmetto (Serenoa repens, fruit) powder	40 mg	†
Pomegranate (Punica granatum, fruit) extract (5:1, DCE 100mg)	20 mg	†
Boron (as Boron Citrate)	20 mcg	†

5: MULTIFLEX - Bone & Joint Health		
Vitamin D3 (as Cholecalciferol) (800 IU)	20 mcg	100% [†]
Vitamin K1 (as Phytonadione)	120 mcg	100% [†]
Calcium (as Calcium Carbonate, Calcium Ascorbate and Calcium Amino Acid Chelate)	250 mg	19% [†]
MSM (Methylsulfonylmethane)	150 mg	†
Glucosamine HCl (from Shellfish)	75 mg	†
Chondroitin Sulfate (Bos taurus)	75 mg	†

6: ELECTROMAX - Mineral & Electrolyte Matrix		
Chromium (as Polynicotinate)	120 mcg	343% [†]
Copper (as Amino Acid Chelate)	2 mg	222% [†]
Manganese (as Amino Acid Chelate)	2 mg	87% [†]
Magnesium (as Magnesium Oxide)	150 mg	36% [†]
Iodine (as Potassium Iodide)	150 mcg	100% [†]
Molybdenum (as Amino Acid Chelate)	75 mcg	167% [†]

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PRIME HEALTH